



University
of Victoria
Greek & Roman
Studies

GRS 340: Health, Nutrition, and Athletics in the Ancient World

Fall 2025

TWF 1:30-2:20 pm

Professor Geoffrey Kron

Examines Greek and Roman athletics and health.

Learning Outcomes:

- Understand health and nutritional status
- Study ancient populations
- View the Panhellenic games and professional athletics as promoting and encouraging exercise, both in education and in everyday life.

No prerequisites.



New Course!